

PERIODIC TABLE OF THE ELEMENTS

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PERIOD	GROUP NUMBERS IUPAC RECOMMENDATION (1985)																GROUP NUMBERS CHEMICAL ABSTRACT SERVICE (1986)									
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	IIIA	IVA	VA	VIA	VIIA	VIIIA		
1	1 H HYDROGEN																	2 He HELIUM								
2	3 Li LITHIUM	4 Be BERYLLIUM																	5 B BORON	6 C CARBON	7 N NITROGEN	8 O OXYGEN	9 F FLUORINE	10 Ne NEON		
3	11 Na SODIUM	12 Mg MAGNESIUM																	13 Al ALUMINIUM	14 Si SILICON	15 P PHOSPHORUS	16 S SULPHUR	17 Cl CHLORINE	18 Ar ARGON		
4	19 K POTASSIUM	20 Ca CALCIUM	21 Sc SCANDIUM	22 Ti TITANIUM	23 V VANADIUM	24 Cr CHROMIUM	25 Mn MANGANESE	26 Fe IRON	27 Co COBALT	28 Ni NICKEL	29 Cu COPPER	30 Zn ZINC	31 Ga GALLIUM	32 Ge GERMANIUM	33 As ARSENIC	34 Se SELENIUM	35 Br BROMINE	36 Kr KRYPTON								
5	37 Rb RUBIDIUM	38 Sr STRONTIUM	39 Y YTTRIUM	40 Zr ZIRCONIUM	41 Nb NIOBIUM	42 Mo MOLYBDENUM	43 Tc TECHNETIUM	44 Ru RUTHENIUM	45 Rh RHODIUM	46 Pd PALLADIUM	47 Ag SILVER	48 Cd CADMIUM	49 In INDIUM	50 Sn TIN	51 Sb ANTIMONY	52 Te TELLURIUM	53 I IODINE	54 Xe XENON								
6	55 Cs CAESIUM	56 Ba BARIUM	57-71 La-Lu Lanthanide	72 Hf HAFNIUM	73 Ta TANTALUM	74 W TUNGSTEN	75 Re RHENIUM	76 Os OSMIUM	77 Ir IRIDIUM	78 Pt PLATINUM	79 Au GOLD	80 Hg MERCURY	81 Tl THALLIUM	82 Pb LEAD	83 Bi BISMUTH	84 Po POLONIUM	85 At ASTATINE	86 Rn RADON								
7	87 (223) Fr FRANCIUM	88 (226) Ra RADIUM	89-103 Ac-Lr Actinide	104 (267) Rf RUTHERFORDIUM	105 (268) Db DUBNIUM	106 (271) Sg SEABORGIUM	107 (272) Bh BOHRIUM	108 (277) Hs HASSIUM	109 (276) Mt MEITNERIUM	110 (281) Ds DARMSTADIUM	111 (280) Rg ROENTGENIUM	112 (285) Cn COPERNICIUM														

LANTHANIDE

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57 138.91 La LANTHANUM	58 140.12 Ce CERIUM	59 140.91 Pr PRASEODYMIUM	60 144.24 Nd NEODYMIUM	61 (145) Pm PROMETHIUM	62 150.36 Sm SAMARIUM	63 151.96 Eu EUROPIUM	64 157.25 Gd GADOLINIUM	65 158.93 Tb TERBIUM	66 162.50 Dy DYSPROSIUM	67 164.93 Ho HOLMIUM	68 167.26 Er ERBIUM	69 168.93 Tm THULIUM	70 173.05 Yb YTTERBIUM	71 174.97 Lu LUTETIUM
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ACTINIDE

89 (227) Ac ACTINIUM	90 232.04 Th THORIUM	91 231.04 Pa PROTACTINIUM	92 238.03 U URANIUM	93 (237) Np NEPTUNIUM	94 (244) Pu PLUTONIUM	95 (243) Am AMERICIUM	96 (247) Cm CURIUM	97 (247) Bk BERKELIUM	98 (251) Cf CALIFORNIUM	99 (252) Es EINSTEINIUM	100 (257) Fm FERMIUM	101 (258) Md MENDELEVIUM	102 (259) No NOBELIUM	103 (262) Lr LAWRENCIUM
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(1) Pure Appl. Chem., 81, No. 11, 2131-2156 (2009)

Relative atomic mass is shown with five significant figures. For elements have no stable nuclides, the value enclosed in brackets indicates the mass number of the longest-lived isotope of the element. However three such elements (Th, Pa, and U) do have a characteristic terrestrial isotopic composition, and for these an atomic weight is tabulated.